21: Fisher S-4 (no date) 1950 M1 Middle East Bedouin M34 117

True Bedu coffee is strong, devoid of milk or sugar but flavoured with herbs; and its consumption is the occasion of much social activity—the rounding off of the day, and an opportunity for discussion, and the reception of guests. For the Badawin, if not for city dwellers, coffee is truly the 'wine of Islam', and the equipment of all Badawin households includes at least one carpet, which is spread before the hearth, a mortar, and coffee pots and cups. A few cooking pots, and one or two large trays and bowls for communal eating make up the remainder of the culinary equipment.

Clothing of the Badawin is simple. A long robe of thick material is the principal, sometimes in fact the only, garment. In winter a waterproof cloak of woven camel hair is worn. A voluminous headcloth, held in place by a rope or band, is wound round the head so as to give protection to the face and neck, and rawhide, heelless sandals are worn on the feet.

Water is usually too precious for much washing[1]—indeed, the Koran permits the ceremonial use of sand in the daily ablutions which are enjoined on all Moslems—and animal urine is frequently used as a substitute. Badawin food is monotonous and scanty. Most important are milk products: curds, buttermilk, various kinds of cheese—of which *labné*, a kind of cream cheese, is the most widespread—and *samné*, or butter. In addition, wheat, barley, and occasionally a little rice are obtained by barter, blackmail, or brigandage from agriculturalists, or else grown very sporadically by the nomads themselves.[2] Small amounts of dried fruit, usually dates, are also eaten. Meat is provided only as a great luxury, since animals themselves are in effect a kind of fixed capital—owners must live from the yield, not upon the animal itself. Apart, then, from occasions of high festival, when special slaughtering takes place, only those animals that die naturally are eaten.

Meals are served first to the older men of the tent, each man using his dagger as a knife, and fingers as a fork,[3] after which, when they are satisfied, it is the turn of the younger men and boys. Later still come the women, and finally the girls—the sexes never intermingling during meals. On occasion when supplies are plentiful, the Badawin

[1] It has been said of a present-day certain Wahhabi tribe of Arabia that all adult members have at least once in their lifetime been forced to exist on water taken from the hump of a camel.

[2] Patches of ground are roughly sown with grain, and later in the year tribesmen return to harvest the crop.

[3] As far as possible, use of the left hand is avoided in polite Arab society—this hand is employed for menial and unpleasant tasks.

13: Thesiger T-S (ca. 1949) 1950 MJ1 Saudi Arabia
Bedouin MJ4

drought-resisting trees and shrubs, which will at any rate keep them alive. 233
Under such circumstances the milk supply gets very short and the Arabs 262
suffer much from hunger, for milk is their staple food. Among the Badu in South-Western Arabia dates are a rare luxury, meat is seldom eaten except by guests for whom an animal has been slaughtered, and all grain has to be purchased in the villages.

You can see that it is a hard life with absolutely no margin. Hunger 132
and thirst, heat and cold—bitter cold. Few people realize how cold it can be in these Arabian deserts. In summer the temperature rises to 120° in the shade, and there really is no shade, and the only water which these Badu have to drink is brackish and tastes like a strong dose of Epsom salts. In winter it is nearly freezing, and at night a herdsboy will scrape [513]
a shallow trench in the sand, lie down naked in it and then cover himself 721
with his shirt. It certainly is a desperately hard life, and it is made even harder by continuous raiding and counter-raiding. Everyone is living the whole time in a state of suspense with his rifle in his hand and his eyes scanning the horizon. A herdsman sees some mounted Arabs in the distance and immediately collects his camels, which are never very numerous, and drives them off as fast as he can, for no one can afford to [201]
take any chances. If the people he has seen are friends they will signal [203]
by throwing up sand into the air or send one person forward alone waving his headcloth. Then, having established contact, they will ride over, ask the news—for Badu are always anxious to have the latest news—and let their mounts graze while they refresh themselves with the milk which the herdsman provides. Generally, to keep their herds alive at all on the scanty grazing, the Badu must scatter widely, and can put up no resistance against a raiding party which may be as many as two hundred strong. All they can do is to try to drive off their camels at the first hint of danger and, if they are robbed but themselves escape, collect their friends and set off in pursuit. The raiders consequently work fast, gather what spoil they [628]
can, and disappear. Sometimes, especially if the raid has failed and if they are pursued, they have a desperate time getting back, and, should there be a blood feud between the two tribes, they can expect no mercy if they are overtaken. I heard of one party of raiders who had raided four hundred miles, had failed to get any loot, and who, to keep themselves alive on their way back, had cut off and eaten the tails and ears of their camels. Sometimes a pursuit party from the steppes follows the raiders far into sands which are unknown to them. Should a strong wind get up and blow out the tracks, they may be lost, unable to follow the raiders to the wells which lie ahead, and unable to retrace their own tracks home. Yet ordinarily the Badu are not afraid of thirst. More than once [271
they have told me that in winter it would be hunger, not thirst, which 261]
would kill them if they were left without food or water. This is an instance of Badu exaggeration, but I have met Arabs who have lasted as long as seven days without either food or water.

Many of them are wonderful trackers, for their very lives depend upon 151
the accuracy with which they can read such signs. I remember once when 721
I was riding across the desert with some of them how we came upon some half-obliterated marks in the sand. One of our party turned aside and

151 721 followed these tracks for about two hundred yards. He then came back to us and said that fifteen Awamir from the north had raided the Junuba near the southern coast, lifted three of their camels, watered at a certain well, and passed this way twelve days before. I myself could not have been certain that the tracks were even the tracks of camels, they were so blown by the wind, but he had read the whole story. We had been out of touch with all Arabs for over a month, but when we met Badu they confirmed that this raid had taken place exactly as he had said. It is, however, a mistake to think that all Badu can track. Some of them are as bad at tracking as they are at guiding, but when you meet a good tracker or a good guide his skill is uncanny.

181 577 609 574 You might think that a life like this, where to keep alive at all is only just possible, was bound to degenerate into a brutish struggle for survival. But this is not so. These Badu are, it is true, hard and ruthless, avaricious and impatient of restraint, yet no people are so generous. They will give away their clothes literally from off their backs, and they are brave, loyal to each other, courteous, patient, and unselfish. I have spent the greater part of the last five years with them, and I have found it hard indeed to live up to their standards of decency. Arab hospitality is famous, but I wonder if you realize what it implies. The Badu do not ask someone to dinner when they have got something extra or when they feel inclined. One or two or half a dozen people are travelling past, see an encampment, and decide to spend the night there, for the traveller in the desert takes a free meal of anyone he sees. The host and his family are probably almost starving, yet everything they have is routed out and set before their self-invited guests, whom they may never have seen before, and if possible they will slaughter an animal for their dinner. I have often received this hospitality, and even now it makes me uncomfortable, though my host has sent me away in the morning feeling that it really was I who had conferred a kindness on him. Of course, another time it is one's host who is travelling and taking meals off someone else, so it evens up, I suppose. But it is not that; it is the wonderful, open-hearted, ungrudging way in which they do it. I am afraid I have always resented the sight of unwanted guests when we were short of food.

576 264 When travelling they always divide up their food before each meal and then draw lots for it, otherwise there is invariably an argument, never because someone says he has been given too little, but because he maintains that he has received too much. Among semi-settled Arabs, where the strict Badu conventions are not necessarily observed, you soon see how [271] quickly it is resented when someone always takes the largest piece. Once 576 we reached a well after we had been twenty-four hours without water, yet no one would drink when we arrived because some of our party had lingered behind to graze their camels, and they would only drink when [486] everyone was there. The bond which exists between travelling companions is indeed tremendously strong; it is only this which makes travelling possible at all. If you are accompanied by a tribesman from a hostile tribe, you are safe from that tribe while he is with you, and he 577 would fight in your defence even against his own brothers. To betray a companion is the blackest crime which a Badu can commit; but it goes